

**CITY OF LONG BEACH DEPARTMENT OF PARKS, RECREATION AND MARINE  
LONG BEACH SENIOR CITIZEN ADVISORY COMMISSION**

**MINUTES**

Long Beach Senior Center  
1150 E. 4<sup>th</sup> Street  
Long Beach, CA 90802

April 21, 2005  
9:00 a.m.

**I. CALL TO ORDER**

Commissioner Higginson, Chair, called the meeting of the Senior Citizens Advisory Commission to order at 9:00 a.m. at the Long Beach Senior Center.

**II. FLAG SALUTE** – Commissioner Yolken, Vice-chair, led the flag salute of the Senior Citizens Advisory Commission

**III. ROLL CALL / WELCOME OF GUESTS**

The following Commissioners responded to roll call and confirmed a quorum.

Patricia Bergendahl, 6<sup>th</sup> District  
Barbara J. Bolin, 9<sup>th</sup> District  
Henry Brunner, 7<sup>th</sup> District  
Rose Cabanban, 7<sup>th</sup> District  
Florence Dodge, 3<sup>rd</sup> District- Excused  
Rita Ellner, 2<sup>nd</sup> District  
Teodoro Felix, 1<sup>st</sup> District

Rabbi Sidney Guthman, 3<sup>rd</sup> District  
Mary Hernandez, 7<sup>th</sup> District  
Nancy Higginson, 3<sup>rd</sup> District  
Vivian Linderman, 8<sup>th</sup> District  
Teresa Munoz, 2<sup>nd</sup> District – Excused  
Lu Wall, 3<sup>rd</sup> District  
Berry Yolken, 3<sup>rd</sup> District

**Staff**

Belem Solis, Superintendent  
Del Ransom, Clerk II

**Guests**

Shelley Hellen, Supervisor

**IV. APPROVAL OF MINUTES – MARCH 17, 2005**

The March 17, 2005 Senior Citizen Advisory Commission Minutes were approved as corrected.

**V. GUEST SPEAKER (S)**

Kathy Berry, Community Medical Center's, Intergenerational Partnerships for Seniors.

Ms. Berry informed the Commission that the Intergenerational Resource Center (IRC) at Community Hospital of Long Beach is a collaborative initiative with the Health & Human Services at California State University, Long Beach and funded by the Archstone Foundation. The IRC offers comprehensive health education, as a resource and service center for seniors, their families, university students and health professionals of all disciplines.

## **VI. PUBLIC DISCUSSION**

The Senior Citizen Advisory Commission had no Public Discussion for the Month of April.

## **VII. CORRESPONDENCE**

- A. The Senior Citizen Advisory Commission was informed that Phil T. Hester, Director of Parks, Recreation and Marine and Stephen Scott, Administration Officer of the City Manager's office, would like to be guest speakers at the May (Phil T. Hester) and June (Stephen Scott) meetings. The Commission was updated on the "Age Requirement" item with Eighth District, Councilmember Rae Gabelich, in which Jonathan Krauss reported that Councilmember Gabelich would inform the Commission if she were to take the item to City Council.

## **VII. STANDING COMMITTEES**

- A. Legislation – Commissioner Munoz

The Legislation Committee had nothing to report.

- B. Transportation – Commissioners Bolin and Linderman

The Transportation Committee had nothing to report.

- C. Health Care – Commissioner Yolken

The Health Care Committee had nothing to report.

- D. Housing – Commissioners Felix, Wall and Cabanban

Commissioner Felix read his report on The City of Long Beach, Section 8 Housing program. In his report, he spoke of how Long Beach has a crisis in housing and how the costs for renters and homebuyers are rising so much faster than salaries that people are priced out of their apartments. They are forced to double up with other families or to pay \$500-600 to stay in someone's garage. Parents must work two or more jobs simply to keep their families in housing that may be cramped, unsafe and unhealthy. Even people with Section 8 Vouchers have trouble finding affordable rental units. Home ownership is a dream that belongs to another era, or to another region of the country. While many housing units are right now being developed downtown, those are aimed at the highest end of the housing market. (Attachment)

E. Safety and Crime Prevention – Commissioners Bergendahl, Guthman and Brunner

Commissioner Bergendahl informed the Commission that she attended the various meetings; in which they discussed: Job and Business Strategies of the Long Beach Strategic Plan, sexual assaults, domestic violence, and auto thefts. Commissioner Bergendahl distributed information on Community Events, the West Nile Virus, the West Long Beach Community Leadership Forum and Denim Day Long Beach. Commissioner Brunner distributed Press Telegram and Grunion Gazette articles. (Attachments)

F. Quality of Life and Leisure – Commissioners Dodge and Hernandez

The Quality of Life and Leisure Committee had nothing to report.

G. Community Relations – Commissioner Ellner

Commissioner Ellner distributed information on “My Family Health Portrait,” which told of how knowing your family health history is a powerful guide to understanding risk for disease. (Attachment)

## **VIII. UNFINISHED BUSINESS**

A. Senior Resource Directory

Commissioner Dodge turned the Directory over to commissioner Wall for her review and the senior Police Partners indicated an interest in working with the commission on the final draft and publication of the senior Resource Directory.

B. Senior Parking Lot Update

There was no discussion on the parking lot for the Long Beach Senior Center.

## **IX. NEW BUSINESS**

A. Updated Commission Roster

Commissioner Yolken requested that a new roster the Senior Citizen Advisory Commission be distributed in June.

## **X. STAFF REPORTS**

Shelley Hellen, Supervisor, reported on senior activities and programs at the Long Beach Senior Center. (Attachments)

## **XI. ANNOUNCEMENTS**

There were no announcements for the Senior Citizen Advisory Commission in the Month of April.

## **XII. NEXT MEETING**

The Executive Board meeting of the Senior Citizen Advisory Commission will be held on **Thursday, April 28, 2005 at 9:00 a.m.**, at the Long Beach Senior Center. In attendance will be Commissioners Nancy Higginson, Berry Yolken, Lu Wall, and Rose Cabanban.

The General Commission meeting will be held at **9:00 a.m. on Thursday, May 12, 2005, at the El Dorado Senior Center, 2800 Studebaker Road, Long Beach, CA 90815.**

## **XIII. ADJOURNMENT**

Commissioner Higginson adjourned the meeting at 10:15 a.m.

**Respectfully submitted,**

Del Ransom, Clerk II  
to Recreation Superintendent

c: Belem Solis, Recreation Superintendent of Parks Recreation and Marine